



7407 Turkey Run, Fort Wayne, IN 46815

Mailing Address:

7400 East State Blvd., Fort Wayne, IN 46815

Phone (260) 493-0055

Fax (260) 493-2051

Information Sheet

Service Guidelines

Seeking the services of a therapist is not to be taken lightly, as the material that is dealt with is usually very delicate and uncomfortable. A therapist is dedicated to help a person work through these problems as directly and rapidly as possible. Successful counseling also requires that the client be dedicated to openness and honesty. Hiding or denying only delays resolution of the problem and prolongs the emotional pain—sometimes even increasing it. A therapist is dedicated to dealing with these painful thoughts and feelings in a kind and gently manner with open directness. Successful resolution of a problem depends upon the client's willingness to change attitudes and behaviors supporting the problem. Service providers will only provide such treatment within the scope of their licenses, certification, training, or within the scope of those directly supervising them.

We provide services by appointment between the hours of 9:00 a.m. and 8:00 p.m. A typical counseling session lasts approximately fifty minutes. You will need to call LifeSpring Counseling Center to schedule your appointments.

Emergencies

LifeSpring Counseling Center does not have an outpatient emergency response system. Do not leave emergency messages on voice mail, as these may not be heard until the next day or after the weekend. If you need emergency services, please call St. Joseph Behavioral Health's 24 hour number (260-425-3606) or go to the nearest emergency room.

Supervision of Children

LifeSpring Counseling Center is not responsible for children left unattended in the waiting areas. If you must bring a child to therapy with you, please provide a babysitter over the age of 13 to attend to your child while you are in therapy.

Non-Covered Services

Many services provided to clients are not covered by insurance. This may be due to your insurance contract differing from other insurance companies or be an extra-ordinary service. For clients who do not have mental health insurance benefits, LifeSpring Counseling Center



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offers a sliding fee scale based on family income. Please ask your provider or the office staff if you have any further questions.